

感谢一对一职业指导的导师们

Special Thanks to Coaches of One-on-One Coaching



职业指导是双向的学习平台。
"Career coaching is a two-way learning platform."



陆奕 Louie Lu
GE智能平台大中华区人力资源经理
HR Manager
GE EntSol, Intelligent Platforms



张超 Chao Zhang
GE中国研发中心人力资源总监
HR Director
China Technology Center

我们几乎把睡觉以外的时间全用来工作了，所以要找份喜欢的工作。"We all spend most of our non-sleeping time on our jobs, so choose one that you enjoy doing."



罗德 Rod Roberts
GE医疗集团中国人力资源总监
HR Director
GE Healthcare China

这个项目让我对GE的优秀人才有了更多认识。为了更好的指导效果，员工应该准备好具体的问题，并且有自己的职业见解。职业指导是双方的对话，而不是导师单向的教学。
"This is a great program and has allowed me to get to know more about some of the great talent in GE. One of the most important things anyone can do to ensure a good coaching session is to come prepared, with specific questions for your coach and with your own ideas about your career. Good coaching is a two-way dialogue, not a one-way 'telling' exercise by the coach."



Minh T. Hua
GE亚太区人力资源经理
Human Resources Manager
GE Corporate Asia Pacific

找到能与之相处愉快的导师，让他帮助你提升职业见解。
"Find a coach you can feel comfortable with and can add value to your own perspective."



李莉 Rachel Li
GE中国泛渤海/西北区域及运营管理人力资源经理
HR Manager-Operations & Pan-bohai Region
GE China

你是唯一能决定是否要在自己的生活中做出改变的人。你职业生​​涯的方向要自己来决定，作为导师，我们要做的是帮助你发现并描绘出你的道路。
"You are the only person can decide whether to create change in your life. When you become owner of your career, you will own the direction of your journey. As a coach, what we can do for you is to help you discover and chart your path."



顾燕 Annie Gu
GE能源集团生产制造部亚太区人力资源经理
HR Manager
GE Energy Supply Chain Asia

随时准备并勇于去接受新的想法。
"Be prepared, open and flexible of ideas."



陈以令 Irene Chen
GE台湾人力资源经理
HR Manager
GE Corporate, Taiwan

这是你自己的职业生涯，所以现在就要好好规划。
"Career is owned by YOU, make/update your action plan NOW!"



李蓓蓓 Beibei Li
GE能源亚洲区组织发展经理
O&S Manager Energy Asia

做喜欢的工作，并且把事情做好。
"Find a job that you love. Do the things right in the first place."



林俊梅 Patricia Lin
GE航空集团中国区人力资源经理
HR Leader
Aviation China

职业发展始于给出成果。今天你所给出的最佳成果会成就明天的事业。
"Career development starts from delivery. The best out of today that you focus to deliver will become the career of tomorrow."



秦明 Louise Qin
GE企业解决方案集团大中国区人力资源经理
HR Manager
GE Enterprise Solutions / S&IT China

职业指导提供了让员工发现自我的平台，并帮助员工朝梦想更进一步。
"Coaching provides a different stage to explore your talents and helps you go further with your dream."

在职业发展的道路上，重要的不是你现在的位置，而是下一步要迈出的方向。
"On the career path, it is not where you are, but where you are heading to that makes the difference."



王思媛 Anna Wang
GE医疗集团南区人力资源经理
HR Manager, South Region
GE Healthcare



沈鹰 Shirley Shen
GE石油天然气集团中国区人力资源经理
HR Leader
GE Oil & Gas business

每次都集中精力去解决一个问题，这样你会在指导过程中更深入地理解并解决问题。
"Every time focus on one question or one of your problems, you will probably get more in-depth discussion from the session."



房萍 Alison Phiong
GE中国华南区及香港区人力资源经理
HR Manager
GE Corporate, South China & Hong Kong

不要惧怕承担更多责任，要每天学习新的东西。
"Don't be afraid of new responsibility assigned... make yourself learning every day."



陆忠亮 Bruce Lu
Human Resources Leader, Asia GE Security
GE安防业务亚太区人力资源总监

要在自信和谦逊间保持平衡，要有足够的自信去发挥作用，但也要有足够的谦逊去请求帮助和建议。
"Strike a balance between confidence and humility. Have enough confidence to know that you can make a real difference, but enough humility to ask for help and advice."



邹国芳 Janice Chou
安防事业部台湾及东北亚区，水处理台湾区人力资源经理
Human Resources Manager
GE Security Taiwan & North East Asia
GE Water & Process Technologies Taiwan

试着从忙碌的日程中抽出时间，在导师的指导下审视自己。
"Try to take some time to look at yourself from your busy schedule with a career coach's support. You deserve it."



何育红 Yuhong He
能源集团能源服务中国区及全球销售亚太区人力资源经理
Asia Learning Leader
Asia HRM, Global Sales/Marketing/BD/Communications/IM
GE Energy

职业指导的目的是帮助员工发现/最大化他们的潜力，由此实现他们的目标。
"Purpose of career coaching is to help coachees unlock/maximize their potential, and reach their goals."



王磊 Karen Wang
GE中国西南区及华中区人力资源经理
HR Manager
GE China, Southwest & Central regions

我们也许不能给你最好的答案，但我们可以一起讨论出最佳答案的方向。
"We may not provide the best answer for your career, but we can discuss for the right direction to a better answer."